

LIFE GROUP FALL

WEEK 5-

From Paper to Practice_Mind Shift



Big Idea: One of the key components to spiritual growth is going through Spirit led “Mind Shifts”. In the sermon Sunday, the message focused on 4 key mind shifts that aid us in spiritual growth.

Indecision to Decision

Mark 10:29-31

“Truly I tell you,” Jesus said, “there is no one who has left house or brothers or sisters or mother or father or children or fields for my sake and for the sake of the gospel, who will not receive a hundred times more, now at this time — houses, brothers and sisters, mothers and children, and fields, with persecutions —and eternal life in the age to come. But many who are first will be last, and the last first.”

1. One of the biggest factors that drives people to be indecisive in following the Lord is a fear of missing out. What in your life are you afraid to surrender to the Lord for fear of missing out? How does the promise contained in these verses help you release control over to God?

Will Power to His Power

Philippians 2:12b-13

Work out your own salvation with fear and trembling. For it is God who is working in you both to will and to work according to his good purpose.

2. The command to “work out” our salvation is obviously a command that places personal responsibility on those who follow Christ. Yet the next verse clearly indicates that the Spirit is at work in us both to “will” and to “work” out our salvation. In your opinion, what is our responsibility and what is God’s responsibility in achieving His “good purposes” in us? Explain.

Complacent to Repentant

Psalms 19:12-14

Who perceives his unintentional sins? Cleanse me from my hidden faults. Moreover, keep your servant from willful sins; do not let them rule me. Then I will be blameless and cleansed from blatant rebellion.

3. Sometimes our complacency in spiritual growth is a result of our inability to see our “hidden” sins. What practices might we use in our lives to unveil our “hidden” sins? Explain.

Selfish to Selfless

Philippians 2:

Make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset as Christ Jesus:

4. What are some ways we can follow the example of Jesus and humble ourselves for the sake of others in our church; putting their interests before our own? What about for those outside of our church who need Jesus?

5. If you look up the address for “SELFLESS” in the kingdom of God you will find that “SACRIFICE” is part of the address. Yet too much sacrifice and the neglect of self-care can lead to burnout. How does one find balance between selflessly serving others and taking care of themselves personally? What are some of your personal self-care habits?

Prayer Focus: Philippians 2 says that we should have the “mindset” of Christ Jesus. Take a moment praying together that Christ would renew our mind through the Holy Spirit and conform our mindset to His.