

**LIFE GROUP FALL
WEEK 8-
From Paper to Practice_
Temptations Choice**



Big Idea: To resist temptation we must learn the truth about temptations, expose its “lies” and rely on God for strength to fight.

- 1. It is commonly believed that things/people in the world tempt us to do wrong. However Jesus said, For it is from within, out of a person's heart, that evil thoughts come—sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from inside and defile a person (Mark 7:21-23). So, where do our temptations come from? Why is it important to realize this truth from God's Word as we are being tempted?***
- 2. Hebrews 3:12 says “Do not let an unbelieving heart turn you away from the living God (NIRV). When Christian commit an act of sin it reveals they have an unbelieving heart. What is the connection between an act of sin and an unbelieving heart? Give an example of a sinful act that reveals an unbelieving heart.***
- 3. The Bible tells us that Satan is “the father of lies”. In other words, he cannot speak truth. He can speak half-truths, but a half truth is a whole lie. How do we recognize and combat the lying thoughts Satan offers when we are being tempted?***

Read James 1: 14-15

Temptation comes from our own desires, which entice us and drag us away. 15 These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.

4. Being tempted is NOT a sin. According to James 1:14-15 when does a temptation change and become a sin?

Read I Corinthians 10:13

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

5. If God promises a way out from our temptations, why does He also promise we will be able to endure it? Why do we need endurance when going through temptation if God has also provide a "way out"?

Prayer Time: Spend time together asking that God would
1) give us memory of His truth when being tempted by lies, 2) reveal to us our way of escape when tempted, 3) and provide us with the strength to endure our temptation.