

LG Questions

Spring Wk 3



Big Idea: Beware of being a spiritual bully or being baited by a spiritual bully.

Read Colossians 2: 16-23

16 Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. **17** These are a shadow of the things that were to come; the reality, however, is found in Christ. **18** Do not let anyone who delights in false humility and the worship of angels disqualify you. Such a person also goes into great detail about what they have seen; they are puffed up with idle notions by their unspiritual mind. **19** They have lost connection with the head, from whom the whole body, supported and held together by its ligaments and sinews, grows as God causes it to grow. **20** Since you died with Christ to the elemental spiritual forces of this world, why, as though you still belonged to the world, do you submit to its rules: **21** “Do not handle! Do not taste! Do not touch!”? **22** These rules, which have to do with things that are all destined to perish with use, are based on merely human commands and teachings. **23** Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence.

- 1. Paul says not to let anyone judge you by “what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day” (pseudo religious rules). Adding rules to our faith is tempting because it is something we can measure and brag about. What religious rules, traditions, or preferences are you tempted to keep in order to feel more spiritual?**
- 2. How is following additional religious rules like hugging the “shadow” of Christ, but missing Him in the process? Explain.**
- 3. Paul says not to let those who “delight false humility and the worship of angels” (wanna be spiritual experiences) disqualify you from the present eternal blessings. Some believers equate spiritual growth with mountain top experiences. Then when the experience is over, they miss what God is doing in the ordinary, routine, mundane, uncomfortable, or painful circumstances of life. Share how Christ has shaped your character through the ordinary, routine, mundane, uncomfortable, or painful circumstances of your life.**
- 4. Paul says that “Do not handle! Do not taste! Do not touch!” (bogus disciplines) are rules coming from human commands and teachings. These “body”**

disciplines and rules have the appearance of wisdom but lack value when it comes to living in obedience to Christ. What "bogus disciplines" might the church in America be guilty of adding to the sincerity of following Christ and sharing the Gospel?

- 5. Legalism is the belief that we can earn God's acceptance or love by doing certain things or keeping certain rules. How is this toxic to the Christian life? What is the antidote to legalism?***

Prayer Time: