

## Sermon: 5 Things Mothers Need & How we Can Help

### Life Group Questions\_WK 7



### Patience

1. Mom's need patience to raise their kids, manage the family, and many times build their careers. But the truth is, we all need patience in life. Look what these verses teach...

...Ephesians 4:2 says "Be patient with each other, making allowance for each other's faults because of your love"

...James 1:3-4 says, "When the way is rough, your patience has a chance to grow. So let it grow, and don't try to squirm out of your problems. For when your patience is finally in full bloom, then you will be ready for anything, strong in character, full and complete."

Exercising patience is proof of loving others and spiritual maturity. How do you practice patience in your life when tempted to be hasty with decisions or short tempered when dealing with difficult people? What hinders your ability to practice patience?

### Appreciation

2. Paul wrote in Philippians 1:3, "I thank my God every time I remember you." What is the difference between "being thankful for someone" and "thanking God for someone"? Explain.

## Wisdom

3. We all need wisdom. Look at what the Bible promises and teaches about wisdom. James 1:5 says, “If you need wisdom, ask our generous God, and he will give it to you.” How do you know when you have received wisdom from God?

## Validation

4. Proverbs 31 is the hallmark passage that describes the traits of a godly woman. The *New Living Translation* closes the chapter by saying “Let her deeds publicly declare her praise.” Other translations close by saying “let her works bring her praise at the city gate.” The city gate was the hub of social life in the Ancient Middle East. The verse is teaching that a godly woman should be honored and recognized by her peers with public validation. How do we publicly validate godliness in our culture?

## Faith

5. Faith and worry are at odds with each other. If you are practicing one you cannot practice the other. Jesus said in John 14:1, “Do not let your hearts be troubled. Trust in God, and trust also in me.”

Share an example of when you trusted in Christ and overcame worry. Explain what happened.

Prayer: Take a moment to pray for Moms at GBC. Pray they would have patience, would feel appreciated, would gain wisdom, would be validated and would have their faith strengthened.