

The 9

WHAT GOD IS PRODUCING IN YOU

Patience

Galatians 5:22-23

7 WAYS TO COOPERATE WITH THE SPIRIT FOR PATIENCE

1. Be committed to _____ personal uncontrolled anger.
Proverbs 16:32
2. _____ about what uncontrolled anger costs.
Proverbs 29:22; Proverbs 14:17; Proverbs 14:29; Proverbs 15:18
3. _____ before speaking angry words.
Proverbs 29:11
4. _____ anger appropriately.
Ephesians 4:26-27
5. Let Christ change the _____ process.
Romans 12:2
6. Hang out with _____ people
Proverbs 22:24-25
7. Learn to _____ the patience God is giving.
Romans 15:5; James 1:20

A PRAYER FOR THIS WEEK

Father, I live in an angry world. I've been convinced I'm entitled to have a life I want. I've been taught to express my anger in uncontrolled ways when I don't get what I want, and then to believe it is my right to do so. Father, forgive me. This is wrong. You saved me to be a patient person not a quick-tempered person. You are committed to making me like You: slow to anger. I will cooperate with You. Rescue my soul from the danger of uncontrolled anger. I pray this in Jesus' name. Amen.