

# VALLEYS

HOW TO GET THROUGH THE TOUGH STUFF

## TROUBLE TRANSFORMS US

### GOD'S MAIN OBJECTIVE:

To make us more like \_\_\_\_\_.  
*Genesis 1:26, Romans 8:29, Ephesians 4:15*

### HOW DOES GOD TRANSFORM OUR CHARACTER TO BE LIKE JESUS' CHARACTER?

*John 17:15-19, Galatians 5:22*

1. God transforms us through His \_\_\_\_\_.  
*John 14:26*
2. God transforms us through His \_\_\_\_\_.  
*John 17:17*
3. God transforms us through Godly \_\_\_\_\_.  
*2 Corinthians 13:11*
4. God transforms us through \_\_\_\_\_.  
*2 Corinthians 4:8-10, John 16:33, 1 Peter 4:12,  
John 16:33, Romans 8:28-29, Romans 5:3-4*

### HOW DO WE RESPOND TO TROUBLE?

1. \_\_\_\_\_ God has a good plan.  
*Genesis 50:20, 2 Corinthians 4:17-18*
2. Practice giving thanks \_\_\_\_\_ everything not  
\_\_\_\_\_ everything.  
*1 Thessalonians 5:18, Philippians 4:4*
3. \_\_\_\_\_ give up.  
*James 1:3-4*

### A PRAYER FOR THE WEEK

Father, I have problems. Some of them are just potholes, but others have become valleys. Because You are the Almighty living God, and because I have placed my faith in Jesus Christ to be my Savior, I know You can use potholes and valleys to change my character: to make me more like Jesus. Lord, I want to cooperate with my sanctification process. Make me like Jesus so I will love more, have more joy, have more peace, be more patient, be more kind, share more goodness, be more faithful, be gentler, and practice more self-control. I pray this in Jesus name, Amen